Are you interested in contributing to research around healthy ageing in older Aboriginal people?

Prof Rebecca Ivers (School of Public Health and Community Medicine, UNSW) is seeking expressions of interest from candidates to undertake a PhD or Masters by Research on a 5 year NHMRC funded cluster randomised control trial aiming to demonstrate the effectiveness of a community based falls prevention and healthy ageing program for Aboriginal people 45 years and older.

The research aims to evaluate the Ironbark program’s impact on the rate of falls; social and emotional wellbeing; independence and mobility; and strength and balance of participants. The study also includes a nested process evaluation and economic analysis.

What will you be contributing to?

Falls prevention and healthy ageing programs for older Aboriginal people is an area of increasing need as the Aboriginal population ages. The Ironbark Program is a community-based program involving yarning circles combined with balance and strength training. The program has been developed with strong Aboriginal community oversight. In this pragmatic trial, you will be contributing to the evidence base around acceptable and effective programs for older Aboriginal people, with potential for direct translation into national policy and program development.

Why study with us?

You will have the opportunity to engage in world-class research under the guidance of highly-respected researchers and supervisors. The Ironbark trial is being conducted by Aboriginal and non-Aboriginal researchers from The George Institute for Global Health, The University of New South Wales, The University of Sydney, Flinders University, University of Wollongong and Curtin University.

Who we are looking for

If you have an undergraduate degree in public health or related field, or a Masters or Honours degree, and have experience working with Aboriginal communities then contact us now! You must also be an Australian or New Zealand citizen or an Australian permanent resident.

Aboriginal and Torres Strait Islander people are strongly encouraged to apply.

More information

To explore this opportunity further please send your expression of interest via a Cover Letter and CV, with any questions to Dr Rona Macniven (r.macniven@unsw.edu.au) or Professor Rebecca Ivers (rebecca.ivers@unsw.edu.au) ph: 02 9385 3811. Applications will be reviewed as received so please apply as soon as possible.