



Who should do this stream?

The demographic ageing of populations worldwide has significant implications for individuals and society. Comprehensive public health responses are urgently needed to meet the challenges of this demographic transition.

The Ageing and Health specialisation unites the broader competencies gained by students in the Master of Public Health program with a detailed knowledge of the specific contemporary public health issues facing ageing populations.

Find out more about Ageing and Health at the School of Public Health and Community Medicine

Dr Ros Poulos
Stream Convenor
T: +61 (2) 9385 2519
E: r.poulos@unsw.edu.au

School of Public Health and Community Medicine
UNSW Sydney, NSW 2052, Australia
T: +61 (2) 9385 1699
E: postgrad-sphcm@unsw.edu.au

Students will be equipped with the knowledge and skills necessary to promote healthy ageing, to better align health and long term care systems to the needs of older people, and to create enabling environments which optimise functional ability.

This stream is relevant to students with an interest in 'ageing and health', particularly for those students aiming to work in policy, planning or aged care services. This stream maintains an international focus and is relevant to students from high, middle and low income countries.

Learning Outcomes

On completion of this specialisation students will:

- be able to describe the demographic and epidemiological changes associated with population ageing, and provide compelling justification for public health approaches

STREAM STRUCTURE

Students must complete the eight courses listed below.

THREE MPH CORE COURSES:

- PHCM9012 Health Promotion & Social Perspectives of Health
- PHCM9041 Foundations in Public Health
- PHCM9498 Epidemiology & Statistics

ONE STREAM DEFINING COURSE:

- PHCM9617 Contemporary Issues in Ageing

THREE COURSES FROM RECOMMENDED ELECTIVES:

- PHCM9050 Immunisation Policy Practice
- PHCM9108 Program Design Evaluation
- PHCM9120 Qualitative Research
- PHCM9129 Prevention & Management of Chronic Diseases
- PHCM9132 Applied Research Methods
- PHCM9381 Policy Studies
- PHCM9615 Primary Health Care Services in the Community
- PHCM9626 Inequalities and Health
- PHCM9628 Health Impact Assessment
- PHCM9632 Indigenous Health Wellbeing
- PHCM9761 Public Mental Aspects of Mental Health
- PHCM9786 Non-Communicable Disease

ONE COURSE:

- One more SPHCM elective, Internship, or Research Project in Ageing and Health



which meet the challenges of demographic transition;

- understand the concepts of healthy ageing, intrinsic capacity and functional ability, recognise the determinants of health, and identify opportunities for public health action across the life course to promote healthy ageing;
- be able to apply an understanding of healthy ageing to the development of health care systems that are better aligned to the care of older people, long term care models which better reflect older-person-centred care, and the creation of environments which are enabling for older people;
- be able to source, critically read and evaluate scientific literature and policy relating to older populations;
- reflect on how attitudes and beliefs about ageing and older people might impact on research, policy and practice;
- gain the skills to be effective and persuasive communicators who are able to advocate for the needs of older people.

Mode of delivery

The Ageing and Health specialisation can be undertaken either full time or part time. Courses are offered internally on campus with face to face teaching or externally by distance mode using online teaching.

All courses are available in distance mode which means the degree can be completed online anywhere in the world.

The School provides a great deal of flexibility for students to tailor their study options according to their needs.

For those who wish to complete the majority of their study online and also experience Sydney for a short period of time, the option of doing our Summer School courses will meet this need.

Dual Degrees

There is the opportunity to undertake dual degrees in Public Health, International Public Health, Health Management and Infectious Diseases Intelligence. The dual degree program can be completed full time over 18 months.

Why study at SPHCM?

- The largest public health program in New South Wales
- The oldest and most established health management program in Australia
- Targeted specialisations with area of specialisation reflected on testamur
- Specialisations aligned with flagship areas of research strength
- Dual degree and Research Extension options
- Summer school (including the option for standalone professional up-skilling)
- Flexible modes of study including online options
- Multi-national and multi-cultural student environment
- Learning environment enriched by student experience
- Alumni occupy senior positions in health systems around the world
- Wide range of research and evaluation courses and projects
- Degrees available by coursework, combined coursework and research, and research only