

positive  
youth  
development  
through  
sport



[creatingchances.org.au](http://creatingchances.org.au)

## A LONG TERM JOURNEY

Each Creating Chances program fits into a pathway of learning and experience, to encourage ongoing development throughout school. Each program is designed to actively engage young people through sessions in the classroom and on the field, focusing on the skills required to navigate life effectively and contribute to the wider Australian community as agents of positive social change.

## CREATING CHANCES FACILITATORS

Each program is led by a highly trained and accredited Creating Chances Head Facilitator, often with the aid of an Assistant Facilitator, who use cutting edge educational resources to deliver each workshop, lesson and activity.

## BEST PRACTICE APPROACH

The Australian Curriculum has a clear focus on teaching 21st century skills that equip young people to operate with confidence in a complex, globalised world. Creating Chances provides internationally and nationally renowned best practice, evidence-based programs underpinned by robust research and experience in the use of sport for positive youth development.

## MONITORING, EVALUATION AND RESEARCH

Every Creating Chances program is monitored and evaluated to the highest research standards by our formal partner, the University of NSW. Results are used to ensure outcomes are being achieved for participants, and to continually develop and improve our programs.

## INSPIRING YOUNG PEOPLE

Creating Chances also offers community-based programs and experiences for all ages to develop leadership and social skills, provide opportunities to participate in sport and community and introduce children to Creating Chances, including:

- Leadership camps
- Sports gala days for children
- International excursions
- Corporate workshops
- Youth advocacy events



**We have seen suspensions decrease, truancy decrease, while engagement with academic work has improved as well as their social interaction with each other.**

**(Principal, Jamison High School)**



A group of young people, likely students, are gathered in an outdoor setting, possibly a field or park. They are dressed in casual attire like hoodies and jeans. Several individuals are holding up their smartphones, suggesting they are taking photos or videos. The entire image is covered with a semi-transparent green filter. Overlaid on this image is a large, bold, white text block.

**A pathway  
to engage,  
educate,  
train &  
provide  
rewarding  
opportunities  
through  
adolescence &  
early adulthood.**



# YOUTH DEVELOPMENT PATHWAY

STEP  
1

## CREATING CHAMPIONS: Sport for Personal Development

SUITABLE FOR YEARS 7-10 STUDENTS

Creating Champions guides and inspires participants to look differently at the world around them, teaches vital 21st Century skills and lays the foundations as they take their first steps toward creating positive social change.

The capability areas addressed in the Creating Champions program are:

**Creating self**  
**Creating coping mechanisms**  
**Creating connections**  
**Creating social responsibility**



STEP  
2

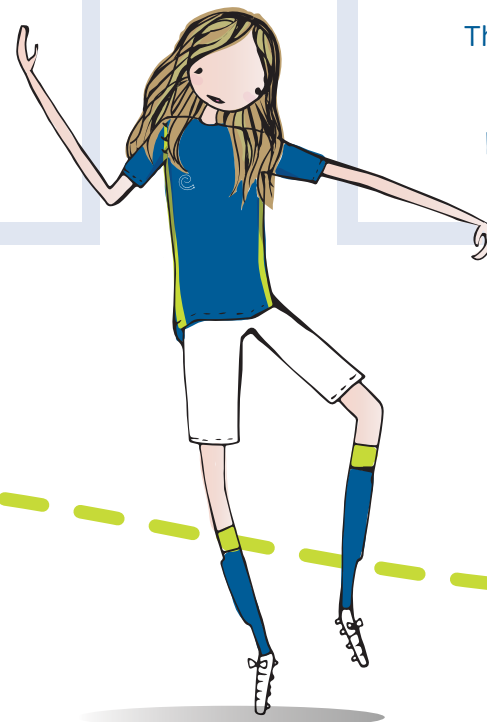
## CREATING COACHES: Sport for Community Cohesion

SUITABLE FOR YEARS 9-11 STUDENTS

Creating Coaches provides the opportunity to grow and apply the 21st century skills learned in Creating Champions. The program empowers young people as coaches and mentors, and provides them the opportunity to develop and run a program for primary school and/or year 7 students which enhances capabilities in areas such as leadership, self-management, inter-cultural understanding, role modelling, resilience and pro-social behaviour.

The capability areas addressed in the Creating Coaches program are:

**Leadership**  
**Event planning and management**  
**Coaching foundations**



STEP  
3

## CREATING GAME CHANGERS: Sport for Social & Community Development

SUITABLE FOR YEARS 10-12 STUDENTS WHO HAVE COMPLETED CREATING CHAMPIONS & CREATING COACHES

Creating Game Changers focuses on leadership, advocacy and social responsibility, preparing young people for the next stage of their lives, and encouraging them to be community focused, to dream big, and to open up employment pathways.

Topics include:

**Advocacy**  
**Community Awareness**  
**Planning and reviewing**  
**Self-evaluation**



**LEADERSHIP,  
MENTORING  
AND EMPLOYMENT  
READINESS**

TRANSITION  
FROM  
PRIMARY SCHOOL

“The student coaches showed how empathetic they were; how interested they were in the primary school students. We saw a completely different side to them.”  
(Vice Principal, Canterbury Vale School)

“Creating Chances has changed my life. It gave me the confidence and opportunity to be a leader in my community.”  
(Student, Miller Technology High School and Intensive English Centre)

“UNSW research on the Creating Chances programs found *resilience* significantly improved among program participants, and the change is more significant amongst girls.”

## PROFESSIONAL DEVELOPMENT PROGRAMS

Creating Chances provides tailored training programs including:

- NESA-accredited professional development programs for teachers and endorsed as Quality Teaching Council (QTC) Registered Professional Development (PD)
- Seminars for community and youth workers
- Ongoing learning and development of Creating Chances Facilitators
- Accredited sports coaching

With extensive experience in the design and implementation of youth development programs, Creating Chances uses our expertise to deliver courses including:

- 6-hours of Teacher Professional Development including engaging students through experiential learning, managing teacher-learner interactions and developing creative and critical thinking in the classroom
- 1 day seminars in: Experiential learning; Engaging delivery methods; and Life-skills through sport seminars
- 2-day Creating Chances Facilitator Training
- 1-day Coaching Foundations course



## CORE PARTNERS



UNSW  
SYDNEY



## CONTACT US

FIND OUT MORE ABOUT HOW CHAMPIONS ARE MADE WITH CREATING CHANCES:

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FIND US

